

Self-Directed Activity

Strand One Unit 2: Uncover and Understand Invisible Structures in a Multi-Ethnic, Multicultural Context

Self-Directed Learning Activity

To complete the one-hour self-directed learning activity for this unit, please choose one of the readings below. After engaging with the material, reflect on the following questions and prompts and write a text (200 words total):

1. **Reflect on the impact of implicit biases on student interactions and learning outcomes.**
 - Consider how these biases might influence your own classroom practices. Reflect on a time when an unconscious bias may have affected your behaviour or decision-making as an educator.
2. **What strategies can be implemented to reduce the effects of implicit biases in educational settings?**
 - Identify specific actions you can take to uncover and address your implicit biases. Consider how these strategies could be integrated into your daily teaching practice to create a more inclusive environment for all students.

Suggested Readings:

- Breese AC, Nickerson AB, Lemke M, Mohr R, Heidelberg K, Fredrick S, Allen K. [Examining Implicit Biases of Pre-Service Educators Within a Professional Development Context](#). Contemp Sch Psychol.
- Pit-Ten Cate IM, Glock S. [Teachers' Implicit Attitudes Toward Students From Different Social Groups: A Meta-Analysis](#). Front Psychol.

Suggested Deliverables:

- A concise reflection (200 words) addressing the questions above. This reflection should demonstrate an understanding of the impact of implicit biases and provide thoughtful consideration of strategies to reduce their effects in the classroom.

